



**FALCON  
SPARTAK  
GYMNASTICS**

## **FALCON OLYMPIC FUN DAY NEWSLETTER**

**SATURDAY 14<sup>TH</sup> JULY 2012  
1.00 p.m. - 5.00 p.m.**

Dear Parents and Gymnasts,

As we told you earlier we are planning a Falcon Olympic Fun Day on Saturday 14<sup>th</sup> July and we hope that everyone will come and join us.

We are focussing our afternoon activities on games that are no longer featured in the modern day Olympics. Games like cricket, croquet and tug-of-war as well as other activities for everyone like skipping, assault course and other things.

We would like to set up a series of tug-of-war teams of parents, gymnasts, coaches, working against each other. We are also inviting other groups to come and join us for this and hopefully we can have a fun time.

As well as the sports activities we are planning a cake stall, an international food stall, a white elephant stall, face painting and many other things.

We obviously need your help to make the day a success. We need volunteers to help organise events during the day, perhaps some people to bake cakes, teams to take part in the sports, provide items for the White Elephant staff and for the raffle. Would you be prepared to help us beforehand and on the day?

There will be raffles and a family quiz pack for you to complete during the course of the afternoon. We are planning for good and bad weather!!!!

The gymnasts, we would like them to help as well by providing an A4 copy of any of the flags from the Olympic Nations. We want to put them on string and drape them round the sports field and the gym. British Gymnastics have already provided us with a Union Jack so that is already covered!

One of the very first "games" in the Olympics was writing poetry and we would like all gymnasts to try and write a poem in one of the three following categories:

Sport in general  
The Olympic Games  
The Club

The poem should have the name of the gymnast and their age on so that we can place them in appropriate age groups i.e. U9, U14, U18, Over 18. The poems will be judged and prizes awarded when everyone is back in the gym in September. We are already collecting prizes and these include a guitar lesson, tickets to the Bob Hope Theatre and a meal at a local restaurant.

The cost of the day will be £1.00 for adults and children will be free. Please come and join us and bring your friends and relatives.

During the course of the afternoon photographs will be taken and a video made which will be available to everyone.

*Please let us know if you will attend.*

Kay

Club Chairman

May 2012