

FALCON SPARTAK GYMNASTICS CLUB

December Newsletter

Unfortunately we will need to close at 2.00 p.m. on Saturday 24th November as we have National competition starting at 2.30 p.m.

On Saturday 1st December we would like all the 12.30 class to come into the gym at 11.00 a.m. until 12.30 p.m. as the coaches need to attend a safeguarding course to enable them to continue coaching.

Further details about the floor and vault, trampoline and rhythmic competitions will follow next week.

Club Chairman

December 2012